Long Term Care and Behavioral Health Services/
KanCare 101
Medicaid Home and Community Based Services (HCBS) Waivers

The 7 HCBS Waiver Programs are:

- **Autism**: Children who begin receiving services before the age of 6
- **Frail Elderly (FE)**: Individuals 65 and older
- **Intellectual and Developmental Disability (IDD)**: Individuals age 5 or older
- **Physical Disability (PD)**: Individuals age 16-64
- **Serious Emotional Disturbance (SED)**: Individuals between the ages of 4 and 18
- **Technology Assisted (TA)**: Individuals from birth to age 21
- **Traumatic Brain Injury (TBI)**: Individuals between the ages of 16 and 64
HCBS Caseloads

IDD: 8,918  
PD: 6,130  
FE: 4,999  
SED: 3,548  
TA: 473  
TBI: 455  
Autism: 64
HCBS Serious Emotional Disturbance (SED) Waiver

• The Home and Community Based Services (HCBS) Serious Emotional Disturbance (SED) Waiver is for children between 4-18 years of age who experience serious emotional disturbance and who are at risk of inpatient psychiatric treatment.

• 3,548 individuals currently being served.
HCBS Autism Waiver

• Children with an appropriate diagnosis will be able to apply for the Autism Program until their sixth birthday. Services are provided to children diagnosed with:
  – Autism
  – Asperger’s Syndrome
  – Pervasive Developmental Disorder – Not Otherwise Specified

• The Program will provide opportunities for children with Autism to receive intensive early intervention treatment and their primary caregivers to receive needed support through respite services. The program will greatly benefit children with Autism and their families.

• 64 children currently being served

• 290 on a proposed recipient list

January 20, 2017
HCBS Autism Waiver Changes

• KDADS has submitted an Autism Waiver Renewal proposal to CMS that would transition three of these services to the Medicaid State Plan.

• Once this transition is accomplished, all children in KanCare will be able to access services that were previously only available to beneficiaries on the Autism Waiver.

• This will allow more children with Autism to receive intensive early intervention and treatment. The three services transitioning to the Medicaid State Plan include:
  ○ Interpersonal Communication Therapy
  ○ Consultative Clinical and Therapeutic Services (Autism Specialist)
  ○ Intensive Individual Supports

January 20, 2017
HCBS Technology Assisted (TA) Waiver

- The TA Program serves individuals ages 0 through 21 years, chronically ill or medically fragile and dependent upon a ventilator or medical device to compensate for the loss of vital bodily function and who require substantial and ongoing daily care by a nurse, comparable to the level of care provided in a hospital setting or other qualified caregiver under the supervision of a nurse to avert death or further disability.

- 473 consumers currently being served.
The Home and Community Based Services Frail Elderly (FE) program provides an option for Kansas seniors who receive Medicaid and qualify functionally to receive community based services as an alternative to nursing facility care. Services include personal care, household tasks, and health services. The program promotes independence within the community and helps to offer residency in the most integrated environment.

To be eligible for the FE program individuals must meet the following criteria:
- Must be 65 years old
- Meet Medicaid income eligibility guidelines
- Meet the Medicaid long-term care threshold

4,999 consumers currently being served.
HCBS Traumatic Brain Injury (TBI) Waiver

- The HCBS/TBI program is for individuals who have sustained a traumatic brain injury and provides the services needed after injury to ensure that individuals can stay in their homes and be as independent as possible in a safe, healthy environment.

- The HCBS/TBI program serves individuals 16 to 65 years of age who would otherwise require institutionalization in a TBI Rehabilitation Facility.

- The TBI Program is not considered a long-term care program and is designed to be a rehabilitative program for consumers to receive therapies and services that enable them to rely less on supports as the consumer's independence increases.

- The brain injury must be traumatically acquired, i.e., caused by an external physical force, such as blunt or penetrating trauma or from accelerating-decelerating forces. The injury must temporarily or permanently impair an individual’s behavioral, cognitive or physical functions.

- 455 individuals currently being served.

January 20, 2017
HCBS Physically Disabled (PD) Waiver

• The Physical Disabilities Program serves individuals age 16 to 65 years of age who meet the criteria for nursing facility placement due to their physical disability, who are determined disabled by social security standards, and who are Medicaid eligible.

• The following services could be provided under the PD program in a plan of care:
  – Personal Services
  – Assistive Services
  – Sleep Cycle Support
  – Personal Emergency Response Systems (PERS) and Installation

• 6,130 individuals on the program
HCBS Physically Disabled (PD) Waiver Wait List

- WAITING LIST Management:
  - 822 currently on waiting list
  - Nearly 1,600 individuals placed on services in CY 2016, and nearly 887 removed from services for all reasons.
  - KDADS will continue to make offers in order to stay at target of 6,092
HCBS Intellectual/Developmentally Disabled (I/DD) Waiver

• The Home and Community Based Services Intellectual/Developmentally Disabled (I/DD) program serves individuals age five and older who meet the definition of intellectual disability, having a developmental disability or are eligible for care in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID).

• WAITING LIST Management:
  □ 822 currently on waiting list.
  □ Nearly 580 individuals placed on services in CY 2016, and nearly 403 removed from services for all reasons.
  □ KDADS will continue to make offers in order to stay at target of approximately 9,000

January 20, 2017
Program of All-Inclusive Care for the Elderly (PACE)

- Person-centered, coordinated medical and non-medical supportive care

- Program Eligibility
  - Participants must be 55 years of age or older
  - Participants must live in a designated PACE service area
  - Participants must meet a nursing home level of care as determined using the State’s approved functional eligibility instrument

- Current PACE providers: Via Christi, Midland, Bluestem.

- 479 participants currently served
Behavioral Health Services

- **Substance Use Disorder (SUD)/Addictions Services**
  - SUD Treatment
  - Problem Gambling Treatment

- **Mental Health Services**
  - Community Mental Health Services
  - Housing and Homelessness
  - Supported Employment
  - Consumer Affairs
  - Psychiatric Residential Treatment Facilities (PRTFs)

- **Prevention and Promotion Services**
  - SUD Prevention
  - Suicide Prevention
  - Mental Health Promotion
  - Problem Gambling Education and Awareness
Substance Use Disorder/Addiction Services

- Substance Abuse Prevention and Treatment (SAPT) Block Grant
  - Substance Abuse and Mental Health Services Administration (SAMHSA)

- For FY16, the number of unique people served by the Substance Use Disorder Treatment Block Grant is 14,310
Mental Health Services

- Mental Health Block Grant (SAMHSA)
  - 26 Community Mental Health
  - Serve consumers with severe and persistent mental illness (SPMI)
  - Children with Serious Emotional Disorders
  - Services include:
    - 24/7 crisis management
    - Medication management
    - Outpatient treatment
    - Case management and enhanced community supports
Mental Health Services

- Systems of Care for Mental Health Services to Children and Their Families (SAMHSA)
  - Goal is to improve behavioral health outcomes for Kansas youth (11-21) with serious emotional disturbances (SED) and their families.

- Supported Employment (SAMHSA)

- Housing & Homelessness (SAMHSA)

- Psychiatric Residential Treatment Facilities (PRTFs) Provide out-of-home residential psychiatric treatment to children and adolescents whose mental health needs cannot be effectively and safely met in a community or out-patient setting.
Prevention and Promotion Services

- Primary funding SAPT Block Grant
  - KDADS provides training and technical assistance, collaboration; contractors that provide, data analysis, evaluation, and training and technical assistance to community initiatives.
  - The collaborative supports community level grants: FY 17 awards were made to 17 community coalitions across the state

- Partnership for Success 2015 - Five Year Discretionary Award from SAMHSA
  - Four communities funded to address underage drinking
  - Four communities funded to address prescription drug abuse
KDADS’ Role in KanCare

• KDADS is the “operating agency” for both behavioral health and long-term services under KanCare. We work closely with KDHE to carry out these KanCare programs.

• KDADS’ role in KanCare is to manage the provision of services to individuals with disabilities and older Kansans who need services in their home, services in their community or nursing facility care.

• KDADS also manages services to individuals with behavioral health needs, including mental health and substance abuse. Behavioral health services are provided both within and independent of KanCare.