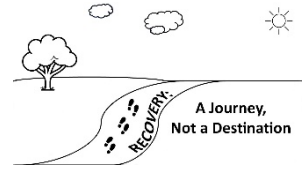




**2024 KANSAS RECOVERY CONFERENCE
WORKSHOP PROPOSAL
June 11-12, 2024
Holiday Inn Wichita East I-35, Wichita, KS**



Recovery Conference 2024 Workshop Application Requirements:

- ✓ Complete workshop **proposal** form, in full (see below)
- ✓ Complete/attach a **biography** for each presenter (50 words or less per presenter)
- ✓ Mail/Email application & attachments to: Melissa Patrick, (see address on second page)
- ✓ **PROPOSALS MUST BE RECEIVED NO LATER THAN (FRIDAY) FEBRUARY 2ND, 2024**

Note: Workshops may NOT be selected if there is missing or incomplete information!

⤴ **All workshops should be a total of 60 minutes in length.**

⤴ Workshops must relate to the topics listed below and explained on the previous page. The overall conference theme is RECOVERY: A JOURNEY NOT A DESTINATION

PROPOSAL:

1. Workshop Title _____
(Please state exactly as you would like it to appear in conference materials)

2. Choose your workshop topic (check one):

- | | | |
|--|---|---|
| <input type="checkbox"/> Leadership | <input type="checkbox"/> Fighting Stigma and Discrimination | <input type="checkbox"/> Systems Collaboration |
| <input type="checkbox"/> Recovery and Wellness | <input type="checkbox"/> Diversity and Cultural Competency | <input type="checkbox"/> Talking About Trauma Informed Care |
| <input type="checkbox"/> Addictions and Dual Diagnosis | <input type="checkbox"/> COVID-19 Information | |

3. Please state the purpose of your workshop and what you hope participants will gain/learn by attending:

4. Please write a workshop description (50 words or less) to appear in the Recovery Conference Program: (Separate page may be attached if you need more space).

5. Who will be presenting? Please list all names of those presenting, if not all specific names from a group are known, please list the group/organization they will come from and the number of people who will present (for example, "a panel from KS CRO").

7. Would you prefer to do your workshop in-person or remotely?

In Person Remote Presentation

6. Workshop Setup:
Will you need a table for your laptop/materials?
 Yes No

Note: Presenters will need to bring their own laptops.

7. Room Setup Options (Requests not guaranteed):
 Chairs only – in rows, theater style
 Round Tables with chairs rectangular tables with chairs

Note: The room will be set theater style with a speakers table, unless otherwise indicated, pending availability.

CONTACT INFORMATION:

Name _____ Phone: _____

Address _____ Alternate Phone _____

City/ State/ Zip Code _____

Email _____ Fax _____

MAIL TO:
Kansas CAC
c/o Melissa Patrick
PO Box 56
Wichita, KS 67201
Email: melissapatt@kansascac.org

If you have any questions, please contact Melissa Patrick at (316) 312-3479

Funding for the 2024 Recovery Conference provided by KDADS



Proposals are due by (FRIDAY) FEBRUARY 2ND, 2024

The 2024 Kansas Recovery Conference Planning Committee is seeking proposals for presentations in the following topic areas:

DIVERSITY AND CULTURAL COMPETENCE - Developing an appreciation for diversity results in an ability to understand and effectively interact with different people. Being culturally competent includes being aware of one's own cultural worldview, having a positive attitude towards individuals who are different from us, learning about different cultural practices and worldviews, and developing cross-cultural skills. Presentations could include: diversity issues, cultural experiences and understanding, rural/urban issues, consumer outreach to minority groups, LGBTQIA+ (gay, lesbian, bisexual, transgender, intersex, questioning) issues, effective methods for promoting inclusion, etc.

SYSTEMS COLLABORATION – Systems Transformation involves changing legislation, policy, practices, and community attitudes in ways that will benefit people with disabilities. Some examples of possible presentations could be: Certified Peer Specialist Services, Consumers as Providers, consumer-operated services, consumers as change agents, evidence-based practices, education and training by and for peers, peer advocates in health and human services, program evaluation, participation on statewide committees, building relationships among organizations.

LEADERSHIP – Leadership covers a wide range of activities including advocacy and activism. Advocacy is the art of pleading or arguing in favor of a cause, idea or policy, while activism is energetic action taken to obtain a specific goal. Both advocacy and activism are keys to how consumers share their voices. Other possible subjects could include: self-advocacy, mutual support, promoting and protecting rights, leadership, committee membership, board of directors, legislative issues, advance directives, etc.

FIGHTING STIGMA AND DISCRIMINATION- Overcoming mental illness is a two-sided act. On one side, consumers must overcome the symptoms, distress, and disability that result from the illness. On the other side, consumers must overcome public stigma that prevents them from equal opportunities in employment, housing, and health care. Stigma affects individual and public attitudes. Presentations could include: anti-stigma initiatives, public awareness /education strategies, self-empowerment, etc.

TALKING ABOUT TRAUMA INFORMED CARE-- Trauma-informed care (TIC) is an approach to engaging people that acknowledges the almost universal experience of trauma in the lives of people seeking mental health care and seeks to eliminate the re-traumatization that can occur when getting services. Presentation topics could include: trauma informed practices, understanding self-harm as a response to trauma, self-help and peer support approaches to healing trauma

ADDICTIONS/DUAL DIAGNOSIS —Workshops focusing on addictions and mental health recovery. Workshops should provide participants opportunities to have a better understanding of living with a dual diagnosis and moving toward long-term recovery.

RECOVERY AND WELLNESS– People with mental health diagnoses are two-and-a-half times more likely than the general population to have significant physical health problems, which can hinder recovery, negatively affect quality and length of life and create financial difficulties. Workshops should provide attendees opportunities to explore ways to improve well-being and overall quality of life. Examples of possible presentations include: physical health issues, talking with your providers, holistic/alternative healing approaches, peer and mutual support in recovery, use of technology in wellness and communication, wellness tools and techniques such as arts and journaling, creativity, etc.

COVID-19 INFORMATION – This topic area is focused on information related to the COVID-19 pandemic. Examples of possible presentations for this topic include: maintaining personal wellness, maintaining safety in organizational settings, responsible messaging / information sharing, utilizing technology to support organization programs.

Selection Criteria

The Recovery Conference Planning Committee will evaluate proposals and select workshops for the 2024 Conference according to the following criteria:

Please submit all proposals in pen or typed

- Clarity of workshop proposal form with **all sections complete** including: title, description of workshop, contact information and presenter bios
- On-time submission of proposal
- Relevance of the presentation to the suggested topical areas listed above and to the 2024 Recovery Conference Theme: RECOVERY: A JOURNEY NOT A DESTINATION
- Opportunities for participants to learn, interact, and develop new skills