



**Governor Brownback's
Mental Health Initiative**
Regional Meetings

Agenda

- Presentation from KDADS
- Q&A
- Listening Session
- Wrap-up



Mental Health Overview

- Persons with Mental Illness and/or Substance Abuse can and do recover
- Mental health is as important as physical health
- Estimated that 1 in 5 individuals will be affected at some point in their life by a mental illness
- Important to recognize the value of mental health in our overall health care delivery system
- If persons with mental illness do not receive treatment, their condition can deteriorate



Mental Health Overview

The deterioration of mental health may result in the need for higher levels of care and may lead to increased contact with:

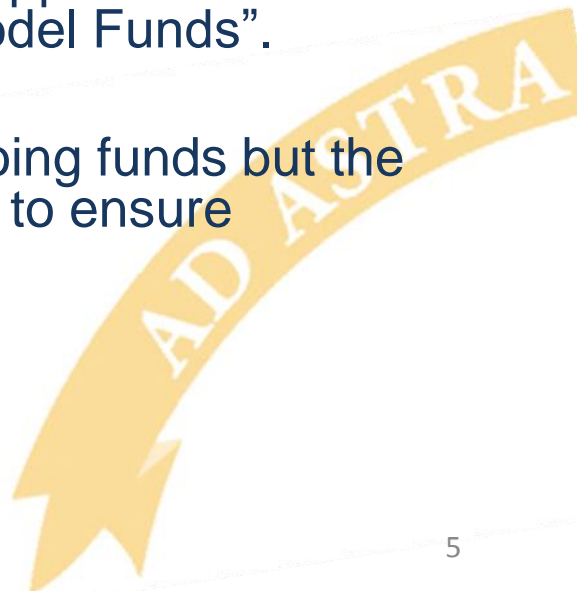
- Law enforcement
- Jails
- Foster Care system
- Emergency Rooms
- State Hospitals



Governor's Brownback's Mental Health Initiative

10 million dollar initiative:

- Five million dollars will be allocated to Community Mental Health Centers (CMHCs) who will support consumers who are uninsured and underinsured. This is referred to as the “CMHC Allocations”.
- Five million dollars will be contracted to 5 Community Mental Health Centers who will serve as Regional Recovery Support Centers (RRSCs). This is referred to as the “Regional Model Funds”.
- It is assumed that MH Initiative funds will be ongoing funds but the mental health system must show good outcomes to ensure continued funding in future years.



History of Initiative

- Governor Brownback re-instated \$10 million into the budget for the Community Mental Health Centers
- A group of stakeholders were called together December 2012 to address questions related to priorities for use of the \$10 million
- Governor Brownback introduced the initiative at Wyandot Center for Behavioral Health Care in January 2013
- KDADS Secretary Sullivan presented an overview of the Governor's Initiative to the Senate Ways and Means Committee in February 2013
- KDADS began developing plans for implementation, that includes:
 - impact analysis to ensure families currently supported by CIF funds will continue to be supported
 - a stakeholder analysis that identified a target population and outcomes for allocations to the CMHCs
 - a regional concept to encourage resource sharing among CMHCs to facilitate statewide availability of evidence-based practices
 - communication plan that provides transparency for the process

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Vision Statement

Kansans who have not achieved recovery through traditional means will live successful, self-determined, meaningful lives in their homes and communities.

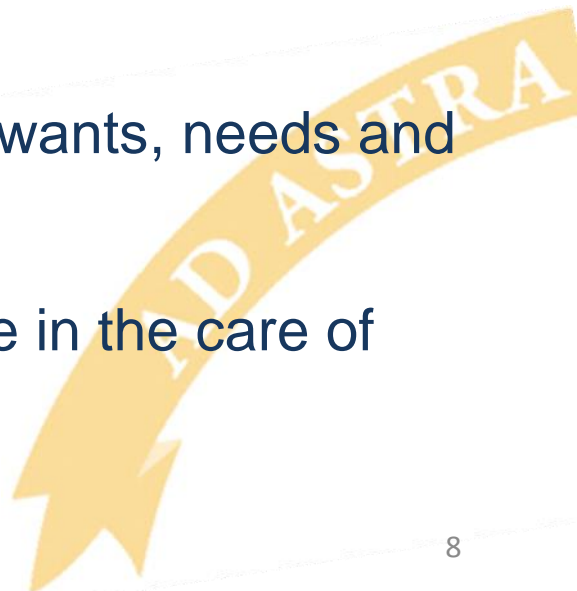


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Mental Health Initiative

Philosophy

- Recovery is a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.
- Broad base of stakeholder inclusion throughout the process
- Consumer providers are a part of the fabric of the mental health system at all levels
- Services are shaped around the individual's wants, needs and goals
- Families have a primary decision making role in the care of their own children



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Philosophy

- Encourage use of non-traditional approaches
- Natural/community supports and protective factors are identified, developed and strengthened
- The regional recovery center infrastructure shall enhance successful outreach and engagement of individuals who have behavioral health disabilities and have not entered the mental health system through traditional means



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CMHC Allocation Population to be Served

- Individuals who are uninsured and under-insured and are at risk of being admitted to state mental health or local psychiatric hospitals due to a lack of engagement or lack of a demonstrated ability to follow a mental health treatment plan.
- This may include individuals who use mental health crisis services but never engage in other services offered by the CMHCs.
- Also included are those who keep mental health appointments inconsistently and tend to be elusive or “on the fringes”.



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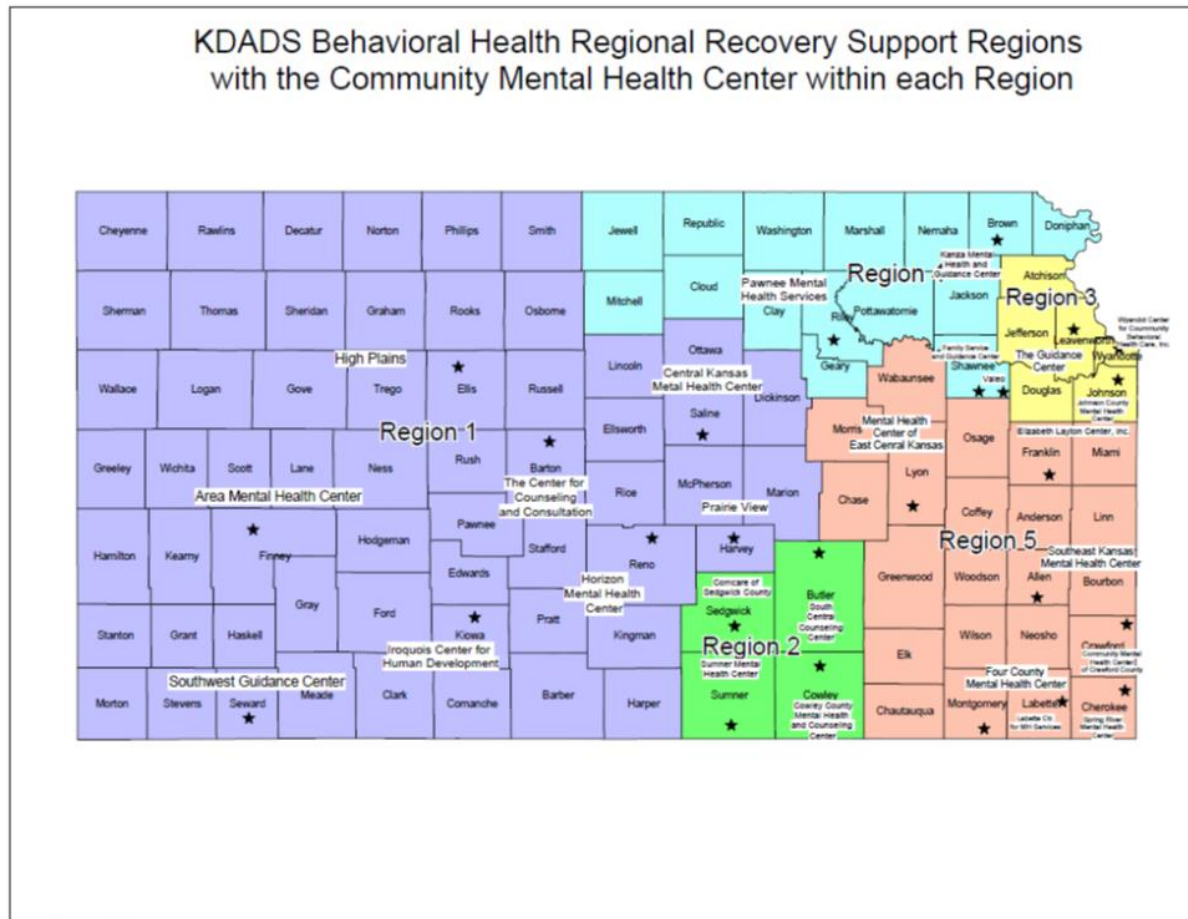
Regional Model Funds

1. The Regional Model will bring specialized and evidenced based services to every region, including rural areas.
2. The RRSCs will equip the mental health system to serve a wider variety of challenges through collaboration, capacity building and resource sharing.
3. The RRSCs will expand the mental health system's limited funding by leveraging MH Initiative funds with other resources to accomplish long-term goals.
4. The MH Initiative encourages a systemic perspective, which creates potential for more efficiencies and more cost-savings.



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Map of RRSC Regions



May 9, 2013

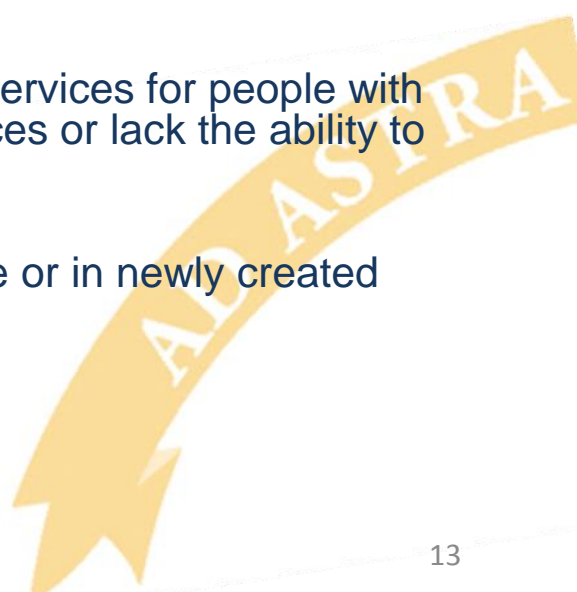


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RRSC Potential Services

RRSCs will expand or create emerging, promising and evidenced-based services. Examples include:

- **Strengths-Based Case Management:** is a recovery-oriented approach to working with people with psychiatric disabilities. The Strengths Model is both a philosophy of practice and a set of tools designed to help people set meaning and important life goals and draw upon both personal and environmental strengths to achieve them.
- **Supported Employment:** is a well defined approach to helping people with disabilities participate as much as possible in the competitive labor market, working in jobs they prefer with the level of professional help they need.
- **Intensive case management and care coordination:** are services for people with co-occurring disorders who do not qualify for traditional services or lack the ability to access needed services
- **Crisis stabilization services:** are services provided in home or in newly created regional crisis stabilization facilities



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RRSC Potential Services Continued

- **Parent and Peer support services:** are services provided by parents of children with serious emotional disturbance helping other parents who have children with serious emotional disturbance or by adults with mental illness helping other adults with mental illness
- **Housing Facilitators:** are experts who have the skills to expand safe, decent and affordable housing options across an array of 24/7 care to home ownership
- **In-home Family Therapy:** is a system of therapy which leaves the child in the home while the family is empowered to be actively engaged in the therapeutic process; in-home family therapy provides services in the least restrictive environment and an opportunity for therapists and other providers to address issues affecting the whole family
- **Dialectical Behavioral Therapy:** is a system of therapy originally developed to treat persons with borderline personality disorders

Questions?



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What's unique about your region that would indicate some of these services are needed more than others?

- **Strengths-Based Case Management**
- **Supported Employment**
- **Intensive case management and care coordination**
- **Crisis stabilization services**
- **Parent and Peer support services**
- **Housing Facilitators**
- **In-home Family Therapy**
- **Dialectical Behavioral Therapy**



What are all the ways this region is already in contact or working with these individuals?

- Individuals who are uninsured and underinsured and are at risk of being admitted to state mental health or local psychiatric hospitals due to a lack of engagement or lack of a demonstrated ability to follow a mental health treatment plan.

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What could be done better to coordinate efforts to help these individuals?

- Individuals who are uninsured and underinsured and are at risk of being admitted to state mental health or local psychiatric hospitals due to a lack of engagement or lack of a demonstrated ability to follow a mental health treatment plan.

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Next Steps

- After the six regional meetings are conducted, a report summarizing stakeholder feedback will be developed by Wichita State University, Center for Community Support and Research and submitted to Kansas Department for Aging and Disability Services (KDADS).
- An advisory committee will continue to advise KDADS staff as we move the initiative forward.
- Regions will do further needs assessments as necessary.
- Further contracts will advance the initiative.

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For more information and to submit
comments/questions

www.bhsupdates.org

Documents On Website

Overview of Mental Health Initiative

Governor's Press Release

Research Articles

List of Regional Meetings

Frequently Asked Questions

Regional Surveys

Final Report





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